



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
INTERCLUB TEAMS YOUTH: OCEAN AND BEACH EVENTS
VENUE: GLENELG BEACH
DATE: 27th November to 29th November
COMPETITION PROGRAMME

SUNDAY: 25 NOVEMBER

BRIEFING	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean - Admin Marquee, Glenelg

MONDAY: 26 NOVEMBER

BRIEFING	
16h00 – 17h00	Briefing: InterClub: Technical Officials Open and Youth Ocean - Admin Marquee, Glenelg

TUESDAY: 27 NOVEMBER

High tide: 06h58 & 19h36; Low tide: 00h30 & 13h51
 Sunrise: 05h57; Sunset: 20h09

YOUTH OCEAN AND BEACH COMPETITION: DAY 1	
Time	Event
07h00	Safety Meeting
07h15	Team Managers briefing by Chief Referee on beach
07h45	Marshalling commence
08h00	Competition Commences

ARENA 1 & 2: MEN: DAY 1 - HEATS			
Time	Event	Gender	Type
08h00	2 km Youth Beach Run (Open-Championships event)	Male	Heats & Final
09h00	Board Race	Male	Heats & QF & SF
11h00	Board Rescue	Male	Heats & QF & SF
12h00	Rescue Tube Rescue	Male	Heats & QF & SF
13h00	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena
14h00	Beach Relay	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 1 - HEATS			
Time	Event	Gender	Type
08h00	2 km Youth Beach Run (Open-Championships event)	Female	Heats & Final
09h00	Beach Relay	Female	Heats & QF & SF
10h00	Surf Ski Race	Female	Heats & QF & SF
11h00	Rescue Tube Rescue	Female	Heats & QF & SF
12h00	Board Rescue	Female	Heats & QF & SF
13h00	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

ARENA 3 & 4: WOMEN: DAY 1 - HEATS			
Time	Event	Gender	Type
OCEAN AND BEACH COMPETITION: DAY 1 - FINALS			
Time	Event	Gender	Type
15h00	Surf Ski Race	Female	Final
15h15	Board Race	Male	Final
15h30	Rescue Tube Rescue	Female	B & A Final
15h50	Rescue Tube Rescue	Male	B & A Final
16h10	Board Rescue	Female	B & A Final
16h30	Board Rescue	Male	B & A Final
16h50	Beach Relay	Female	B & A Final
17h10	Beach Relay	Male	B & A Final

YOUTH VICTORY CEREMONY: DAY 1		
Time	Event	Gender
18h00	Victory Ceremony 2 km Youth Beach Run	Female & Male
18h10	Victory Ceremony Surf Ski Race	Female
18h20	Victory Ceremony Board Race	Male
18h30	Victory Ceremony Rescue Tube Rescue	Female & Male
18h40	Victory Ceremony Board Rescue	Female & Male
18h50	Victory Ceremony Beach Relay	Female & Male
19h00	End of competition day	

WEDNESDAY: 28 NOVEMBER High tide: 07h24 & 19h58; Low tide: 00h51 & 14h17
 Sunrise: 05h56; Sunset: 20h10

YOUTH OCEAN AND BEACH COMPETITION: DAY 2	
Time	Event
07h00	Safety Meeting
07h15	Team Managers briefing by Chief Referee on beach
07h45	Marshalling commence
08h00	Competition Commences

ARENA 1 & 2: MEN: DAY 2 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2x1km Youth Beach Run Relay (Open Championships event)	Male	Heats, & Final
09h00	Surf Ski Race	Male	Heats & QF & SF
11h30	Surf Race	Male	Heats & QF & SF
13h00	Oceanman Relay	Male	Heats & QF & SF
13h30	Beach Sprint	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 2 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2x1km Youth Beach Run Relay (Open Championships event)	Female	Heats & Final
09h00	Beach Sprint	Female	Heats & QF & SF
10h30	Board Race	Female	Heats & QF & SF
12h00	Surf Race	Female	Heats & QF & SF
13h30	Oceanwoman Relay	Female	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 2 - HEATS			
Time	Event	Gender	Type
YOUTH OCEAN AND BEACH COMPETITION: DAY 2 - FINALS			
Time	Event	Gender	Type
16h00	Board Race	Female	Final
16h10	Surf Ski Race	Male	Final
16h20	Surf Race	Female	Final
16h30	Surf Race	Male	Final
16h40	Oceanwoman Relay	Female	Final
17h00	Oceanman Relay	Male	Final
17h20	Beach Sprint	Female	B & A Final
17h30	Beach Sprint	Male	B & A Final

YOUTH VICTORY CEREMONY: DAY 2		
Time	Event	Gender
18h30	Victory Ceremony 2x1km Youth Beach Run Relay	Female & Male
18h35	Victory Ceremony Board Race	Female
18h40	Victory Ceremony Surf Ski Race	Male
18h45	Victory Ceremony Surf Race	Female & Male
18h50	Victory Ceremony Beach Sprint	Female & Male
18h55	Victory Ceremony Oceanman/woman Relay	Female & Male
19h00	End of competition day	

THURSDAY: 29 NOVEMBER

High tide: 07h50 & 20h21; Low tide: 01h10 & 14h40
Sunrise: 05h56; Sunset: 20h11

YOUTH OCEAN AND BEACH COMPETITION: DAY 3	
Time	Event
08h00	Safety Meeting
08h30	Team Managers briefing by Chief Referee on beach
09h00	Competition Commences

ARENA 1 & 2: MEN: DAY 3 - HEATS			
Time	Event	Gender	Type
08h45	Marshalling commence		
09h00	Ocean Man	Male	Heats & QF & SF
11h30	Beach Flags	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 3 - HEATS			
Time	Event	Gender	Type
08h00	Warm-up		
08h45	Marshalling commence		
09h00	Oceanwoman	Female	Heats & QF & SF
11h30	Beach Flags	Female	Heats & QF & SF

OCEAN AND BEACH COMPETITION: DAY 3 - FINALS			
Time	Event	Gender	Type
14h00	Oceanwoman	Female	Final
14h20	Oceanman	Male	Final
14h40	Mixed Lifesaver Relay	Mixed	Final
15h00	Beach Flags	Female	Final
15h20	Beach Flags	Male	Final

YOUTH VICTORY CEREMONY: DAY 3		
Time	Event	Gender
16h00	Victory Ceremony Oceanman/woman	Female & Male
16h10	Victory Ceremony Beach Flags	Female & Male
16h20	Victory Ceremony Mixed Lifesaver Relay	Mixed
16h30	Victory Ceremony Grand Aggregate Ocean Events	
16h40	End of proceedings	

Note:

1. *Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.*
2. *This programme and subject to change.*



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
INTERCLUB TEAMS OPEN: OCEAN AND BEACH EVENTS

VENUE: GLENELG BEACH
DATE: 30th November & 1st and 2nd December
COMPETITION PROGRAMME

SUNDAY: 25 NOVEMBER

BRIEFING	
18h00 – 19h00	Briefing: InterClub Team Managers Open and Youth: Pool and Ocean: Admin Marquee, Glenelg

MONDAY: 26 NOVEMBER

BRIEFING	
16h00 – 17h00	Briefing: InterClub: Technical Officials Open and Youth Ocean: Admin Marquee, Glenelg

FRIDAY: 30 NOVEMBER

High tide: 08h17 & 19h36; Low tide: 01h33 & 15h05
 Sunrise: 05h56; Sunset: 20h12

OPEN OCEAN AND BEACH COMPETITION: DAY 1	
Time	Event
07h00	Safety Meeting
07h15	Team Managers briefing by Chief Referee on beach
08h00	Championships commences

ARENA 1 & 2: MEN: DAY 1 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2 km Beach Run (Open -Championships event)	Male	Heats & QF & SF
09h00	Board Race	Male	Heats & QF & SF
11h00	Board Rescue	Male	Heats & QF & SF
12h30	Rescue Tube Rescue	Male	Heats & QF & SF
14h00	Beach Relay	Male	Heats & QF & SF
15h00	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

ARENA 3 & 4: WOMEN: DAY 1 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2 km Beach Run (Open-Championships event)	Female	Heats & QF & SF
09h00	Beach Relay	Female	Heats & QF & SF
10h00	Surf Ski Race	Female	Heats & QF & SF
12h30	Rescue Tube Rescue	Female	Heats & QF & SF
14h00	Board Rescue	Female	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 1 - HEATS			
Time	Event	Gender	Type
15h00	Mixed Ocean Lifesaver Relay	Mixed	Heats and SF to be held in Men's arena

OCEAN AND BEACH COMPETITION: DAY 1 - FINALS			
Time	Event	Gender	Type
15h45	Marshalling commence		
16h00	Surf Ski Race	Female	Final
16h15	Board Race	Male	Final
16h30	Rescue Tube Rescue	Female	B & A Final
16h50	Rescue Tube Rescue	Male	B & A Final
17h10	Board Rescue	Female	B & A Final
17h30	Board Rescue	Male	B & A Final
17h50	Beach Relay	Female	B & A Final
18h10	Beach Relay	Male	B & A Final

OPEN VICTORY CEREMONY: DAY 1		
Time	Event	Gender
18h30	Victory Ceremony 2km Beach Run	Female & Male
18h40	Victory Ceremony Surf Ski Race	Female
18h50	Victory Ceremony Board Race	Male
19h00	Victory Ceremony Rescue Tube Rescue	Female & Male
19h10	Victory Ceremony Board Rescue	Female & Male
19h20	Victory Ceremony Beach Relay	Female & Male
19h30	End of competition day	

SATURDAY: 1 DECEMBER

High tide: 06h58 & 19h36; Low tide: 00h30 & 13h51
Sunrise: 05h56; Sunset: 20h12

OPEN OCEAN AND BEACH COMPETITION: DAY 2	
Time	Event
07h15	Safety Meeting
07h30	Team Managers briefing by Chief Referee on beach
08h00	Championships commences

ARENA 1 & 2: MEN: DAY 2 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open-Championships event)	Male	Heats, & Final
09h00	Oceanman	Male	Heats & QF & SF
10h30	Ski Race	Male	Heats & QF & SF
12h00	Surf Race	Male	Heats & QF & SF
13h30	Oceanman Relay	Male	Heats & QF & SF
15h00	Beach Sprint	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 2 - HEATS			
Time	Event	Gender	Type
07h45	Marshalling commence		
08h00	2x1km Beach Run Relay (Open-Championships event)	Female	Heats & Final
09h00	Oceanwoman	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 2 - HEATS			
Time	Event	Gender	Type
10h30	Board Race	Female	Heats & QF & SF
12h00	Surf Race	Female	Heats & QF & SF
13h30	Oceanwoman Relay	Female	Heats & QF & SF
15h00	Beach Sprint	Female	Heats & QF & SF

OCEAN AND BEACH COMPETITION: DAY 2 - FINALS			
Time	Event	Gender	Type
16h45	Marshalling commence		
17h00	Surf Race	Female	Final
17h15	Surf Race	Male	Final
17h30	Oceanwoman Relay	Female	Final
17h50	Oceanman Relay	Male	Final
18h10	Beach Sprint	Female	B & A Final
18h30	Beach Sprint	Male	B & A Final

OPEN VICTORY CEREMONY: DAY 2		
Time	Event	Gender
18h45	Victory Ceremony 2x1km Beach Run Relay	Female & Male
18h55	Victory Ceremony Surf Race	Female & Male
19h05	Victory Ceremony Oceanman/woman Relay	Female & Male
19h15	Victory Ceremony Beach Sprint	Female & Male
19h20	End of competition day	

SUNDAY: 2 DECEMBER

High tide: 08h47 & 21h16; Low tide: 02h02 & 15h45
Sunrise: 05h56; Sunset: 20h13

OPEN OCEAN AND BEACH COMPETITION: DAY 3	
Time	Event
08h15	Safety Meeting
07h30	Team Managers briefing by Chief Referee on beach
08h00	Championships commences

ARENA 1 & 2: MEN: DAY 3 - HEATS			
Time	Event	Gender	Type
11h15	Marshalling commence		
11h30	Beach Flags	Male	Heats & QF & SF

ARENA 3 & 4: WOMEN: DAY 3 - HEATS			
Time	Event	Gender	Type
10h15	Marshalling commence		
10h30	Beach Flags	Female	Heats & QF & SF

OPEN OCEAN AND BEACH COMPETITION: DAY 3 - FINALS			
Time	Event	Gender	Type
09h00	Oceanwoman	Female	Final – 3 round eliminator format
	Oceanman	Male	
10h30	Mixed Ocean Lifesaver Relay	Mixed	Final
Note: Final will break for Flags heats and commence at 14h00			
14h00	Board Race	Female	Final
14h15	Surf Ski Race	Male	Final

OPEN OCEAN AND BEACH COMPETITION: DAY 3 - FINALS			
Time	Event	Gender	Type
14h30	Beach Flags	Female	Final
15h00	Beach Flags	Male	Final

OPEN VICTORY CEREMONY: DAY 3		
Time	Event	Gender
15h30	Victory Ceremony Oceanman/woman	Female & Male
15h40	Victory Ceremony Mixed Ocean Lifesaver Relay	Mixed
15h50	Victory Ceremony Board Race	Female
16h00	Victory Ceremony Surf Ski Race	Male
16h10	Victory Ceremony Beach Flags	Female & Male
16h20	Victory Ceremony Grand Aggregate Ocean Events	
16h45	End of proceedings	

Note:

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2. *This programme and subject to change.*