



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
INTERCLUB MASTERS TEAMS POOL CHAMPIONSHIPS
VENUE: SOUTH AUSTRALIA AQUATIC & LEISURE CENTRE
DATE: 16 to 18 November, 2018
COMPETITION PROGRAMME

THURSDAY: 15 NOVEMBER

BRIEFING	
16h00 - 17h00	Briefing: Masters Team Managers at the Admin Marquee, Glenelg
17h00 -18h00	Briefing: Technical Officials for Masters Pool at the Admin Marquee, Glenelg

FRIDAY: 16 NOVEMBER

MASTERS POOL COMPETITION: DAY 1		
Time	Event	Gender and Age Group
07h00	Warm-up / Officials briefing	
07h00	Safety Meeting	
07h15	Team Managers Briefing by Chief Referee at pool	
07h45	Preparation of the pool	
08h15	Marshalling commence	
08h30	200m Obstacle Swim	F-30; M-30; F-35; M-35; F-40; M-40; F-45; M-45; F-50; M-50 (25 heats)
10h10	100m Obstacle Swim	F-55; M-55; F-60; M-60; F-65; M-65; F-70+; M-70+ (17 heats)
11h30	4x50 Obstacle Relay	F-140; M-140; F-170; M-170; F-200; M-200; F-230+; M-230+ (7 heats)
12h20	LUNCH - preparation of the pool	
13h00	Marshalling commences	
13h20	Line Throw	F-30; M-30; F-35; M 35; F-40; M-40; F-45; M-45; F-50; M-50; F-55; M-55; F-60; M-60; F-65; M-65; F-70+, M-70+ (26 heats)

MASTERS: VICTORY CEREMONY: DAY 1		
Time	Event	Gender
Medal presentations will be held during events in different locations in the pool.	Victory Ceremony 200m Obstacle Swim	Male & Female
	Victory Ceremony 100m Obstacle Swim	Male & Female
	Victory Ceremony 4x50 Obstacle Swim	Male & Female
	Victory Ceremony Line Throw	Male & Female
End of day's proceedings approx. 16h30		

SATURDAY: 17 NOVEMBER

MASTERS: POOL COMPETITION: DAY 2		
Time	Event	Gender and Age Group
07h00	Warm-up / Officials briefing	
07h00	Safety Meeting	
07h30	Team Managers Briefing by Chief Referee at pool	
07h45	Preparation of pool / Marshalling commence	
08h00	100m Manikin Tow with Fins	F-30; M-30; F-35; M 35; F-40; M-40; F-45; M-45; F-50; M-50; F-55; M-55; F-60; M-60; F-65; M-65, F-70+, M-70+ (42 heats)
11h00	50m Manikin Carry	F-30; M-30; F-35; M 35; F-40; M-40; F-45; M-45; F-50; M-50; F-55; M-55; F-60; M-60; F-65; M-65, F-70+, M-70+ (43 heats)
13h00	LUNCH & VICTORY CEREMONY	
	Victory Ceremony 100m Manikin Tow with Fins	Male & Female
	Victory Ceremony 50m Manikin Carry	Male & Female
13h45	Marshalling commences	
14h00	4x50m Medley Relay	F-140; M-140; F-170; M-170; F-200; M-200; F-230+; M-230+ (11 heats)

MASTERS VICTORY CEREMONY: DAY 2		
Time	Event	Gender
14h40	Victory Ceremony 4x50m Medley Relay	Male & Female
End of day's proceedings approx. 17h00		

SUNDAY: 18 NOVEMBER

MASTERS POOL COMPETITION: DAY 3		
Time	Event	Gender and Age Group
07h00	Warm-up / Officials briefing	
07h00	Safety Meeting	
07h30	Team Managers Briefing by Chief Referee at pool	
07h45	Preparation of pool / Marshalling commence	
08h00	100m Manikin Carry with Fins	F-30; M-30; F-35; M 35; F-40; M-40; F-45; M-45; F-50; M-50; F-55; M-55; F-60; M-60; F-65; M-65, F-70+, M-70+ (41 heats)
11h00	4x25m Manikin Relay	F-140; M-140; F-170; M-170; F-200; M-200; F-230+; M-230+ (9 heats)
12h00	LUNCH & VICTORY CEREMONY	

MASTERS VICTORY CEREMONY: DAY 3		
Time	Event	Gender
12h30	Victory Ceremony 100m Manikin Carry with Fins	Male & Female
13h00	Victory Ceremony 4x25m Manikin Relay	Male & Female
End of day's proceedings approx. 14h00		

Notes:

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. This programme and subject to change.

3. *Events may be combined to incorporate more than 1 age group per event.*