



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018
NATIONAL TEAMS OPEN: POOL EVENTS
VENUE: SOUTH AUSTRALIA AQUATIC & LEISURE CENTRE
DATE: SERC: 21st NOVEMBER: POOL: 22nd & 23rd NOVEMBER

COMPETITION PROGRAMME

TUESDAY: 20 NOVEMBER

BRIEFING	
14h00-15h00	Briefing National Teams Open & Youth Team Managers: Pool and SERC at Admin Marquee, Glenelg
16h00-17h00	Briefing National Teams Youth and Open: Pool: Technical Officials the Admin Marquee, Glenelg

WEDNESDAY: 21 NOVEMBER

OPEN & YOUTH POOL COMPETITION SERC		
Time	Event	Type
07h00	Safety Meeting	
07h20	Briefing: National Teams Youth and Open: SERC: Technical Officials at pool.	
08h30	Marshaling commences & Lock up Opens for Youth Teams	
08h45	Lockup closes for Youth Teams	
08h45	Preparation of pool	
09h15	SERC for Youth Teams	Final
10h15	Break	
10h15	Victory Ceremony SERC Youth Teams	
10h30	Marshaling & Lock up commences for Open Teams Final	
10h45	Lockup closes for Open Teams Final	
10h45	Preparation of pool	
11h00	SERC for Open Teams	Final
13h30	Break	
14h15	Victory Ceremony SERC Open Teams	

THURSDAY: 22 NOVEMBER

OPEN POOL COMPETITION: DAY 1

OPEN POOL COMPETITION: DAY 1 HEATS			
Time	Gender	Event	Type
07h30		Warm-up in the competition pool	
07h30		Safety Meeting	
08h30		Preparation of the pool	
08h30		National Teams Managers Briefing by Chief Referee at pool	
08h45		Marshaling commences	
09h00	Female	200m Obstacle Swim	Heats
09h30	Male	200m Obstacle Swim	Heats
10h00	Female	4x50m Obstacle Relay	Heats

OPEN POOL COMPETITION: DAY 1 HEATS			
Time	Gender	Event	Type
10h15	Male	4x50m Obstacle Relay	Heats
10h45	Female	Line Throw	Heats
11h00	Male	Line Throw	Heats
11h00	Removal of obstacles, preparation of pool		
11h30	Mixed	4x50m Mixed Pool Lifesaver Relay	Heats
11h45	Female	100m Rescue Medley	Heats
12h30	Male	100m Rescue Medley	Heats
13h00	Female	100m Manikin Tow with Fins	Heats
13h30	Male	100m Manikin Tow with Fins	Heats
14h00	End of Session		

OPEN POOL COMPETITION: DAY 1 FINALS			
Time	Gender	Event	Type
15h00	Warm-up in the competition pool		
15h45	Marshalling commence		
16h00	Female	200m Obstacle Swim	B-A Final
16h10	Male	200m Obstacle Swim	B-A Final
16h30	Female	4x50m Obstacle Relay	B-A Final
16h45	Male	4x50m Obstacle Relay	B-A Final
17h00	Female	Line Throw	B-A Final
17h15	Male	Line Throw	B-A Final
17h30	Victory Ceremony 200m Obstacle Swim		
17h40	Victory Ceremony 4x50m Obstacle Relay		
17h45	Female	100m Rescue Medley	B-A Final
17h55	Male	100m Rescue Medley	B-A Final
18h15	Victory Ceremony Line Throw		
18h15	Female	100m Manikin Tow with Fins	B-A Final
18h25	Male	100m Manikin Tow with Fins	B-A Final
18h35	Mixed	4x50m Mixed Pool Lifesaver Relay	B-A Final
18h50	Victory Ceremony 100m Rescue Medley		
19h00	Victory Ceremony 100m Manikin Tow with Fins		
19h10	Victory Ceremony 4x50m Mixed Pool Lifesaver Relay		
19h20	End of day's proceedings		

FRIDAY: 23 NOVEMBER

OPEN POOL COMPETITION: DAY 2

OPEN POOL COMPETITIONS: DAY 2: HEATS			
Time	Gender	Event	Type
07h30	Warm-up in the competition pool		
07h30	Safety Meeting		
08h30	Preparation of pool		
08h30	Team Managers Briefing by Chief Referee at pool		
08h45	Marshalling commence		
09h00	Female	100m Manikin Carry with Fins	Heats
09h30	Male	100m Manikin Carry with Fins	Heats

OPEN POOL COMPETITIONS: DAY 2: HEATS			
Time	Gender	Event	Type
10h00	Female	50m Manikin Carry	Heats
10h30	Male	50m Manikin Carry	Heats
11h00	Female	4x25m Manikin Relay	Heats
11h15	Male	4x25m Manikin Relay	Heats
11h45	Female	200m Super Lifesaver	Heats
12h30	Male	200m Super Lifesaver	Heats
13h15	Female	4x50m Medley Relay	Heats
13h30	Male	4x50m Medley Relay	Heats
14h00	End of Session		

OPEN POOL COMPETITION: DAY 3: FINALS			
Time	Gender	Event	Type
15h00	Warm-up in the competition pool		
15h45	Marshalling commence		
16h00	Female	100m Manikin Carry with Fins	B-A Final
16h15	Male	100m Manikin Carry with Fins	B-A Final
16h30	Female	50m Manikin Carry	B-A Final
16h45	Male	50m Manikin Carry	B-A Final
17h00	Victory Ceremony 100m Manikin Carry With Fins		
17h10	Female	4x25m Manikin Relay	B-A Final
17h20	Male	4x25m Manikin Relay	B-A Final
17h30	Victory Ceremony 50m Manikin Carry		
17h45	Female	200m Super Lifesaver	B-A Final
18h00	Male	200m Super Lifesaver	B-A Final
18h15	Victory Ceremony 4x25m Manikin Relay		
18h30	Female	4 x 50m Medley Relay	B-A Final
18h40	Male	4 x 50m Medley Relay	B-A Final
19h45	Victory Ceremony 200m Super Lifesaver		
18h55	Victory Ceremony 4 x 50m Medley Relay		
19h00	Victory Ceremony Grand Aggregate Open Pool Events		
19h05	End of day's proceedings		

Notes

1. *Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.*
2. *This is a draft programme and subject to change.*



LIFESAVING WORLD CHAMPIONSHIPS ADELAIDE 2018

NATIONAL TEAMS YOUTH: POOL EVENTS

VENUEh SOUTH AUSTRALIA AQUATIC & LEISURE CENTRE
DATE: SERC: 21ST NOVEMBER: POOL: 24TH & 25TH NOVEMBER

COMPETITION PROGRAMME

TUESDAY: 20 NOVEMBER

BRIEFING	
14h00-15h00	Briefing National Teams Open & Youth Team Managers: Pool and SERC at the Admin Marquee, Glenelg
16h00-17h00	Briefing National Teams Youth and Open: Pool: Technical Officials at the Admin Marquee, Glenelg

WEDNESDAY: 21 NOVEMBER

POOL COMPETITION: SERC: OPEN & YOUTH

SATURDAY: 24 NOVEMBER

YOUTH POOL COMPETITION: DAY 1

YOUTH POOL COMPETITION: DAY 1 HEATS			
Time	Gender	Event	Type
07h30		Warm-up in the competition pool	
07h30		Safety Meeting	
08h30		Preparation of the pool	
08h30		Team Managers Briefing by Chief Referee at pool	
08h45		Marshalling commences	
09h00	Female	200m Obstacle Swim	Heats
09h15	Male	200m Obstacle Swim	Heats
09h45	Female	4x50m Obstacle Relay	Heats
10h00	Male	4x50m Obstacle Relay	Heats
10h15	Female	Line Throw	Heats
10h30	Male	Line Throw	Heats
10h45		Removal of obstacles, preparation of pool	
11h00	Mixed	4x50m Mixed Pool Lifesaver Relay	Heats
11h15	Female	100m Rescue Medley	Heats
11h30	Male	100m Rescue Medley	Heats
12h00	Female	100m Manikin Tow with Fins	Heats
12h15	Male	100m Manikin Tow with Fins	Heats
14h30		End of Session	

YOUTH POOL COMPETITION: DAY 1 FINALS			
Time	Gender	Event	Type
14h00	Warm-up in the competition pool		
14h45	Marshalling commence		
15h00	Female	200m Obstacle Swim	B-A Final
15h15	Male	200m Obstacle Swim	B-A Final
15h30	Female	4x50m Obstacle Relay	B-A Final
15h45	Male	4x50m Obstacle Relay	B-A Final
16h00	Female	Line Throw	B-A Final
16h15	Male	Line Throw	B-A Final
16h30	Victory Ceremony 4x50m Obstacle Relay		
17h00	Female	100m Rescue Medley	B-A Final
17h15	Male	100m Rescue Medley	B-A Final
17h30	Victory Ceremony Line Throw		
18h00	Female	100m Manikin Tow with Fins	B-A Final
18h15	Male	100m Manikin Tow with Fins	B-A Final
18h30	Mixed	4x50m Mixed Pool Lifesaver Relay	B-A Final
18h45	Victory Ceremony 100m Rescue Medley		
18h50	Victory Ceremony 100m Manikin Tow with Fins		
18h55	Victory Ceremony 4x50m Mixed Pool Lifesaver Relay		
19h00	End of day's proceedings		

SUNDAY: 25 NOVEMBER

YOUTH POOL COMPETITION: DAY 2			
YOUTH POOL COMPETITIONS: DAY 2: HEATS			
Time	Gender	Event	Type
07h30	Warm-up in the competition pool		
07h30	Safety Meeting		
08h30	Preparation of pool		
08h30	Team Managers Briefing by Chief Referee at pool		
08h45	Marshalling commence		
09h00	Female	100m Manikin Carry with Fins	Heats
09h15	Male	100m Manikin Carry with Fins	Heats
09h30	Female	50m Manikin Carry	Heats
09h45	Male	50m Manikin Carry	Heats
10h15	Female	4x25m Manikin Relay	Heats
10h30	Male	4x25m Manikin Relay	Heats
11h00	Female	200m Super Lifesaver	Heats
11h30	Male	200m Super Lifesaver	Heats
12h00	Female	4x50m Medley Relay	Heats
12h15	Male	4x50m Medley Relay	Heats
12h30	End of Session		

YOUTH POOL COMPETITION: DAY 2: FINALS			
Time	Gender	Event	Type
14h00	Warm-up in the competition pool		
14h45	Marshalling commence		
15h00	Female	100m Manikin Carry with Fins	B-A Final
15h15	Male	100m Manikin Carry with Fins	B-A Final
15h45	Female	50m Manikin Carry	B-A Final
16h00	Male	50m Manikin Carry	B-A Final
16h15	Victory Ceremony 100m Manikin Carry With Fins		
16h30	Female	4x25m Manikin Relay	B-A Final
16h45	Male	4x25m Manikin Relay	B-A Final
17h00	Victory Ceremony 50m Manikin Carry		
17h30	Female	200m Super Lifesaver	B-A Final
17h45	Male	200m Super Lifesaver	B-A Final
18h00	Victory Ceremony 4x25m Manikin Relay		
18h15	Female	4 x 50m Medley Relay	B-A Final
18h30	Male	4 x 50m Medley Relay	B-A Final
18h45	Victory Ceremony 200m Super Lifesaver		
18h55	Victory Ceremony 4 x 50m Medley Relay		
19h05	Victory Ceremony Grand Aggregate Youth Pool Events		
19h15	End of day's proceedings		

Notes

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